

SOUPS & SALADS

Garden Salad
Market fresh veggies atop baby spring mix, w/choice of dressing
sm 6.50 LG 8.50

creamy house, ranch, blue cheese, balsamic, Italian, French, raspberry, Asian sesame or oil & vinegar

Caesar Salad
Crisp romaine REAL bacon, croutons and parmesan w/the Newf's Caesar dressing
sm 6.99 LG 8.99

Traditional Greek
Grape tomatoes with CHUNKS of cucumber, red onion, green & red peppers, kalmata olives, feta cheese & Greek dressing...no lettuce here! Served with side garlic bread
12.99

Portobello Goat Cheese Salad
Portobello, tomato, goat cheese warmed and served on baby greens w/balsamic dressing & side of garlic bread
13.99

Buffalo Chicken Salad
Crunchy chicken breast pieces tossed in traditional Buffalo sauce, topped w/3 cheese blend, served over garden salad w/side garlic bread and your choice of dressing
13.99

Salmon + Greens
Baked Atlantic salmon with parmesan crust served over spring mix with red onion, tomato & a citrus vinaigrette. Served with a side of garlic bread
14.99

Soup of the day
An ever-changing chef's creation
sm 4.99

Newfie Split Pea Soup
A traditional NFLD warm-up w/salt beef
sm 4.99

Seafood Chowder
A heartier version of The Newf's exclusive recipe...made from scratch every time!!! Served w/ baguette
8.99

APP-ATTACK!!

Coconut Shrimp
Atlantic shrimp battered in sweet grated coconut, served with lemon pepper mayo
10.99

Maritime Mussels
Steamed in choice of garlic & wine or tomato basil, with side garlic bread
10.99

Tower of Rings
Thick cut beer battered sweet onion served w/ranch & sweet chili thai
9.99

Fish Bites
Chunks of our famous beer-battered cod served w/tartar & cocktail sauce
sm (5) 7.99 LG (8) 11.99

Macho Nachos
Tortilla chips, tomato, green onion, black olives, jalapenos, baked under 3 cheeses w/salsa & sour cream of course
12.99

Newfie Nachos
'CRISSCUT' potatoes with ALL the nacho fixin's, melted cheese, salsa & sour cream
13.99

NACHO UPGRADES
add chicken or nacho beef 4.99
Make it extra cheesy 2.99

Deep Fried Pickle Spears
Lightly battered in a crunchy panko & served w/ranch
8.99

Deep Fried Bologna
Tasty chunks of Maple Leaf bologna, served with rhubarb relish
8.99

Rolled Quesadilla
Your choice of CHICKEN or BEEF sautéed w/mixed peppers & red onion, then add cheese & ROLL it all up in a tortilla served w/salsa & sour cream
13.99

Oven-Baked Garlic Bread
Toasted garlicky goodness
6.99
Add cheese 1.99
cheese & bacon 2.99

Perogies
Bite-size fried dumplings stuffed w/cheesy mashed potato, sprinkled with bacon, green onions & melted cheese, served with sour cream
sm (5) 6.99 LG (8) 18.99

Chicken Wings
Local, fresh & hormone-free, served with veggies & choice of RANCH or BLUE CHEESE
sm (8) 9.99 LG (16) 18.99

Sauces...bbq, medium, hot, suicide, honey garlic, chili Thai, traditional Buffalo, spicy parmesan, Caesar 'DRY' flavours...salt & pepper, dusty Cajun, lemon-pepper

BETWEEN THE BREADS

Comes w/ Fries or Split Pea Soup or Daily Soup
Your UPGRADE options:
Garden Salad, Caesar Salad, Onion Rings, Sweet Potato Fries, Newfie Fries, Regular or Newfie Poutine ADD 1.99

Buffalo Chicken Sandwich
Breaded chicken tenders tossed in buffalo sauce, baked w/3 cheeses served on a bun w/lettuce
12.99

Open-Face Hot Turkey Or Beef
REAL roasted turkey or beef smothered in gravy, served on white bread with Newfie fries
12.99

Blue Cheese Avocado Burger
Avocado & blue cheese smothered 8oz. homemade patty of extra lean beef, garnished w/lettuce on a toasted kaiser
13.99

NOT SO NEWFIE TASTES OF HOME

Liver + Onions
Tender baby beef liver w/root vegetables & mash w/gravy
12.99

Chicken Fingers 12.99
Crispy breaded chicken breast pieces w/fries, creamy coleslaw & plum sauce for dipping

Rotini Bake 13.99
Noodles & bacon pieces tossed in spinach cream sauce, baked with mixed cheeses & served w/garlic bread

Steakhouse Burger
Sautéed mushrooms, crisp onion rings & smokey Louisiana BBQ sauce on an 8oz. homemade patty of extra lean beef, garnished w/tomato, pickle, lettuce & red onion
13.99

Grilled Cheese BLT 10.99
Grilled cheese topped with bacon, lettuce & tomato

Classic Burger
8oz. homemade patty of extra lean beef, garnished w/tomato, pickle, lettuce & red onion on a toasted Kaiser
10.99

Canadian Burger
8oz. homemade patty of extra lean beef, w/ bacon & cheddar garnished w/tomato, pickle, lettuce & red onion on a toasted Kaiser
13.99

Panko Crusted Salmon
Panko crusted salmon fillet served with sweet potato fries and lemon pepper mayo
16.99

Rotini Primavera
Rotini noodles with roasted red pepper, red onion, tomato & mushrooms tossed in a white wine garlic pesto wash, topped w/goat cheese and served with garlic bread.
13.99

FRIES, CHIPS, SANDS

add REAL cheese curds to any of these selections 2.25

Fresh Cut Fries
sm 4.50 LG 5.99

Newfie Fries
Chips, NFLD dressing & gravy
sm 6.50 LG 7.99

Devil Fries
Spiced up w/ hot sauce & served w/ dip
sm 6.50 LG 7.99

Sweet Potato Fries
Served w/ sweet chili Thai dipping sauce
sm 6.50 LG 8.99

Poutine
Fries a la 3 cheese blend & gravy
sm 5.99 LG 7.99

Newfie Poutine
Crispy spuds meet 3 cheese blend, NFLD dressing, smothered in gravy
sm 7.50 LG 8.99

Mexican Poutine
Fresh cut fries topped with tex mex nacho beef, 3 cheese blend & brown gravy
sm 7.99 LG 9.50

Seasoned 'CRISSCUT' Fries
*one size 6.99

GREAT ENDINGS

White Chocolate Cheesecake
Lindt white chocolate cheesecake with a hint of Bailey's Irish Cream served with strawberry sauce and whipped cream
\$6

Newfie Screech Rum Cake
Warm rum cake made with real Newfie Screech served with whipped cream and chocolate sauce
\$6

Have it All @ The Kitchen Sink

Our platter of FRIES, CHICKEN WINGS, ONION RINGS, CHEESY GARLIC BREAD, NEWFIE NACHOS & PEROGIES...Then DIP'EM in SALSA, SWEET CHILI THAI & SOUR CREAM... 27.99

